

# 11 good reasons for Homeopathy

## Homeopathy:

- 1** is a *cost-effective and efficient* method. No major infrastructure is necessary for treatment.
- 2** is an *independent and sustainable* form of therapy for acute and chronic diseases.
- 3** is based on a *holistic & individual* approach. The body, the psyche and the environment of a person are considered in a treatment. The sick individual is perceived, not her/his disease.
- 4** is a *gentle* method, also known as regulatory therapy. By stimulating the energy of the whole organism, the immune system is strengthened.
- 5** is a *non-invasive* method. This is especially important when treating children, elderly or traumatized people.
- 6** Homeopathic remedies do not cause any *harmful side effects*.
- 7** provides a way to *reduce the intake of medication*.
- 8** offers *assistance in processing*. With homeopathy it is possible to address deep levels of the human psyche. Crucial for the choice of a suitable remedy is often the mental state.
- 9** offers space and time: individuals are *being honestly heard & taken seriously*
- 10** *saves resources*. For the manufacturing of homeopathic remedies, only a small amount of starting material is required.
- 11** is *not tested on animals*. Homeopathic remedies are always tested by healthy people.